

### IMPORTANT

Plastic bottles and component parts become brittle when frozen and may break when dropped. Also, bottles and component parts may become damaged if mishandled, e.g. dropped, over-tightened, or knocked over. Take appropriate care in handling bottles and components. Do not use the breastmilk if bottles or components become damaged.

### Safety

- Always test temperature of breastmilk before feeding to your baby.
- Always inspect the bottle, nipple and other components before and after each use.
- To prevent possible choking hazard, test strength of nipple by pulling on bulb portion. If nipples appear cracked or torn, discontinue use immediately.
- Infants must not be bottle fed without adult supervision.
- Do not allow child to walk or run with bottle.
- Do not let child take bottle to bed or self-feed for long periods of time.
- Do not attempt to enlarge the nipple hole.
- Nipples should not be used as pacifiers.

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[www.medela.com](http://www.medela.com)

### QUESTIONS?

Call Medela at 1-800-435-8316 or visit [www.medela.com](http://www.medela.com)

Medela, Inc.

1101 Corporate Drive, McHenry, IL 60050

Phone: (800) 435-8316 or (815) 363-1166 Fax: (815) 363-1246

Email: [customer.service@medela.com](mailto:customer.service@medela.com)

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Breastmilk Bottles

Breastmilk Freezing  
& Storage



✓ Instructions  
for use



**!** **NOTE: Breastfeeding should be well-established (approx. 4-6 weeks) before introducing a nipple.**

## How to Clean

### Prior to first Use

#### Wash

1. Disassemble all parts.
2. Rinse with warm water by hand.
3. Wash with warm soapy water.
4. Rinse with clean water and proceed to boil.

#### Boil

5. Choose a pot that is large enough so parts do not rest on the sides or bottom while boiling.
6. Place all parts in pot and fill with water.
7. Bring water to a boil and let parts boil for 10 minutes.
8. Allow water to cool and gently remove parts from water with tongs.
9. Place parts on a clean surface and/or towel.
10. Allow all parts to air dry.
11. Store dry parts when not in use. Do NOT store wet or damp parts.

#### After every use

1. Disassemble all parts.
2. Rinse the bottle, nipple and other parts in cool water.
3. Fill sink with warm soapy water and let parts soak for 5 minutes.
4. Wash parts with clean dish towel or soft brush in warm soapy water.  
***\*Do not turn the nipple inside out during cleaning.***
5. Rinse parts with clear water.
6. Place parts on a clean surface and/or towel.
7. Allow all parts to air dry.
8. Store dry parts when not in use. Do NOT store wet or damp parts.

**!** **NOTE: Disassembled parts can be cleaned in the top rack of the dishwasher instead of washing by hand.**

■ In addition to washing, you can sanitize using a Quick Clean™ Micro-Steam™ bag or by boiling.